



## **Soups and Salads**

**Potato and Leek 8 GF**

**French Onion 10**

**Classic Kale Salad 7/14 GF**

*Organic Kale, Craisins, Toasted Pine Nuts, Parmesan, Lemon Vinaigrette*

**Frisée 7/14 GF**

*Blue Cheese, Bacon, Potato, Dijon Vinaigrette, Soft Poached Egg*

**Sunflower Crunch Kale Cabbage Salad 7/14 GF**

*Green and Red Cabbage, Kale, Carrots, Dried Cranberries, Sunflower Seeds, Bacon, Cider Dressing*

### **Salad add-on's**

**Grilled Freebird Chicken Breast 4**

**Grilled or Blackened Salmon 6**

**Seared Marinated Tofu 2**

## **Sandwiches**

**Beef Short Rib Grilled Cheese 12**

*Sour Dough, Sauteed Mushrooms, Balsamic Onions*

**Meatball Sliders 12 (3)**

*Mamas Meatballs, Garlic Knots, Mozzarella*

**Shenorock Burger or Beyond Burger 16**

*Grilled 8 oz Brisket, Short Rib, Chuck, Ground Beef Blend, LTO*

**Sandwiches served with  
French Fries, Cole Slaw,  
and Pickle**

## **Appetizers**

**Roasted Organic Beets GF 10**

*Pears, Walnuts, Great Hill Blue Cheese, Greens, Balsamic*

**Steamed Mussels "by the Bay Style" 16**

*PEI Mussels, Shallots, Garlic White Wine, Butter, Parsley, Chorizo, Sour Dough Croutons*

**Duck and Foie Gras Meatballs 18**

*Celery Root Puree, Dried Apricot Mostarda*

**Nantucket Bay Scallops 18 GF**

*Brown Butter, Capers, Lemon, Parsley, Potato, Delicata Squash*

**Coconut Shrimp 12 (3)**

*Honey Lime Mustard*

**Crispy Calamari 16**

*Miso Gochujang Mayo, Sesame Ocean Salad*

## **Entrees**

**Lancaster Farm Acorn Squash 18**

*Moroccan Chickpea Stew with Braised Kale and Squash, Toasted Almonds*

**Chicken Piccata 18**

*Chicken Cutlet, Lemon and Caper Cream, Roasted Potatoes, Broccoli*

**Fennel Black Pepper Crusted Swordfish 32**

*Roasted Potatoes, Roasted Fennel, Pearl Onions, Spinach*

**Grilled Salmon 28**

*Roasted Heirloom Rainbow Carrots, Wild Mushrooms, Brussels Sprouts, Dill Butter*

**Veal Scallopini 29**

*Shenorock Made Linguini, Mushroom Cream Sauce, Sage*

**Braised Wild Boar Tuscan Style 32 GF**

*Red Wine, Porcini Mushrooms, Carrots, Pancetta, Roasted Garlic Mashed Potatoes*

**Shenorock Crab Cakes 25**

*Roasted Butternut Squash, Haricot Vert, Tartar Sauce*